



# BULLETIN

## Member Survey

Thanks to all of you who filled in our survey forms. We've certainly had some interesting feedback and hopefully we can put some of your suggestions into action next year. If you had meant to fill one in but didn't quite get round to it, here's the link.

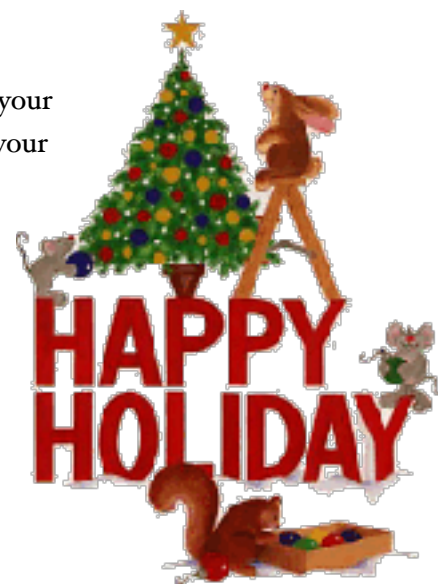
You've got one last opportunity as the survey will close at the end of the week

<http://goo.gl/forms/5GRJbDqKFp>

## Hello!

Welcome to the December edition of the Changes Bristol Bulletin. There will be a longer newsletter just before Christmas but for now here's a round up of what's happening.

Do send us in pictures of you enjoying your festive activities. Show us your tree or your cake!



## Christmas Party

Don't forget the Christmas Party for our members is on the evening of 19th December at Barton Hill Settlement. Tickets cost £6 and are available here [www.changesxmas.co.uk](http://www.changesxmas.co.uk)



The price includes a buffet and you can bring your own drinks including alcohol.

Get your skates on - tickets are only on sale until 11th December. Don't miss out on the fun!

And for our members we'll have an online party on Facebook on Christmas day in the afternoon - join the group now if you haven't already.

## Winter Fair

Come and join us this Sunday at St Werburghs City Farm's Winter Fair from 11am - 4pm.

We have a stall selling all sorts of marvellous crafts made by our members and there's lots of activities, music and even a turkey auction!

It's a great chance to buy some locally made presents and to enjoy the day with a mulled wine or hot chocolate. All proceeds go towards community engagements projects for next year.



*If you would like to book a stall please email office@stwerburghscityfarm.co.uk*  
 Registered Charity no: 297012 Company Ltd by Guarantee no: 2224442

## Closed for Christmas!

Our very last meeting of 2015 will be on Wednesday 23rd December and we will begin our regular meetings again on Monday 4th January 2016

The last mindfulness drop in session will be on Monday 21st December 2015

This would be a good time to start arranging social activities with your groups if you want to meet up between these times.



Shop online this  
**Christmas**  
& raise **FREE** funds for us

In association with  
**Give as you Live®**



## Still got Christmas shopping to do?

Shopping through Give as you Live is no different to shopping online normally, it's just as secure and your shopping won't cost you a penny more. In fact, the only difference is the difference it could make to Changes. Every time you buy something in the usual way, we receive a small donation. Please consider signing up here  
[www.giveasyoulive.com/join/changesbristol](http://www.giveasyoulive.com/join/changesbristol)

## Every time you buy a present you give us a little one too!

And don't forget you can use it throughout the year for ordinary shopping as well

Or if you're feeling generous this festive season you could give us a direct donation here

<https://mydonate.bt.com/charities/changesbristol>

Be a fundraising  
star!

## Thinking about a New Year Resolution already?

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Perhaps you could ask people to sponsor you to raise money for Changes?

You'll stand a better chance of succeeding and you'll help to keep our meetings running next year as well.

Let us know what great ideas you come up with and don't forget to show us your progress!



Looking for something a bit different? Try this!



That's it for this edition of the bulletin. Look out for the very festive newsletter on 24th December. Please send in submissions by 18th December to [newsletter@changesbristol.org.uk](mailto:newsletter@changesbristol.org.uk)

We hope you enjoy all the season has to offer.

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